

Discovery

Our Mailing Address Has Changed. Please update your records!
5 Boardwalk Drive, Saco, Maine 04072

Resilience

As we begin to struggle with trauma fatigue from the last few years: the pandemic, political and social upheaval, threats to democracy around the globe, school shootings, violence against people of color and LGBTQ people, the invasion, and murders in Ukraine, and much more, the word “resilience” makes its way into our public and private consciousness. It is also the theme of this summer’s conference season.

Psychologists define resilience as the process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress—such as family and relationship problems, serious health problems, or workplace and financial stressors. Developmentally, we “grow” resilience through life experiences, with the hopes that as we age, we become more resilient.

The spiral helix is a universal symbol for resilience found throughout nature. From our DNA, to galaxies in the universe, the helix represents the ability to grow and adapt when faced with challenges and trauma. We designed the logo for resilience based around this concept.

Over these last few years, we as humans, as communities, as organizations, have been in “boot camp” in the school of life around resilience. We chose the theme this summer so that we could acknowledge collectively what we have learned as well as walk away from summer conferences with ideas for continuing to cultivate our resilience as individuals, as communities and as an organization.

We hope you will join us this summer for wonderful conferences, workshops, and activities as well as interfaith services around the theme of resilience!

IN THIS DISCOVERY

- ① 2022 Theme: Resilience
- ② Rebounding from COVID; COVID at Ferry Beach this Summer
- ③ BOARDwalk

Included:
Nominating Committee Report

AND MORE!



Rebounding from COVID

Ferry Beach has been rebounding from a \$1.8 million dollar loss over the last 2 years due to COVID (2020 and 2021). CARES Act funding, additional volunteer donations and a couple of small foundation grants have helped us maintain along with a drastic reduction in the amount of staff we would normally employ in the summer of 2021.

We did about 60% of normal summer business last year 2021 and still 10% of the shoulder seasons of fall and spring. We have a healthy book of business going into the spring of 2022 and have had a few cancellations from older groups in March of 2022 because of the COVID surge. We anticipate a fuller summer of 2022 this year, having filled in more of the summer months. Last year was very difficult on year-round staff and volunteers who helped us through the reduced staff so we will try very hard not to do that again.

Our spring season is filling up and barring any changes in COVID surge, we hope that those bookings actually come to Ferry Beach. We curtailed our community dinners and other indoor events we normally have in the shoulder season. We took our auction online last year instead of in person and scrapped plans to have a Holiday Dinner and a NY's Eve celebration.

The normal retreat business in the spring and fall has been slow to rebound. Both seasons have suffered from last minute cancellations and low turnout. We were not able to have a winter retreat season due to COVID. We have packed a few more conferences and workshops into the summer season, where there has been some respite for summer staff. We also added additional costs to lodging and food pricing as our cost of goods to us has gone up substantially, particularly in food.

We hope to do at least 80% of business in the summer, but also plan on bringing back J-1's and additional staff to the campus. Our shoulder season we are hoping will be at 60% of full this year.



Join us for Work Week and feel the deep sense of satisfaction that comes from sharing hard work and good times while revitalizing our campus! Work in the mornings and enjoy a Ferry Beach getaway retreat in the afternoons and evenings. Enjoy all the activities that Ferry Beach has to offer including chapel services, friendship circles, campfires, playing on the beach, and more. Pack up your tools for a week of satisfying projects, a Ferry Beach getaway, and special camaraderie that is unique among people working together.

Learn more, see the projects and sign up at ferrybeach.org/work-week

COVID Protocols at Ferry Beach

COVID has impacted our world in huge ways over the last several years. As we know by know, things have to rapidly change as research and best practice evolve. Ferry Beach strives to make changes in our COVID policies and procedures as new information becomes available. We follow guidance from the US CDC and State of Maine CDC. We monitor regional changes in COVID-19 to adapt our policies in a timely fashion. What we put in place one day may no longer be true the next. As you are planning your trip to Ferry Beach this summer, we advise you to review the COVID-19 page on our website for the most up-to-date information on our response to COVID-19 and understand that things could change while you are visiting. It is always a good idea to make sure you have plenty of face coverings for your party, stay socially distant from others, monitor for COVID symptoms, and practice good hand and respiratory hygiene regardless of policies in place during your visit.

Please note that the most up-to-date literature from Ferry Beach will be posted at ferrybeach.org/COVID-19. Printed materials may not be current - we will do our best to update those as changes occur.

BoardWALK

By Kathleen Dziadzio, 1st Term Board Member, Nominating Committee Chair

I have been a member of the nominating committee for nearly five years and on the Board of Directors for three years. In my opinion, the nominating committee is one of the most important groups at Ferry Beach.

The function of the committee is to seek out new candidates for the Board of Directors. This Board of Directors hires the Executive Director and so are responsible for Cathy Stackpole serving in this capacity. The improvements to the campus as well as the survival of Ferry Beach can be mostly credited to her work before and during this pandemic.

While I personally do not have a long history with Ferry Beach, the improvements that have been made in the short time I have been involved are remarkable. The fact that there were so many needs also speaks volumes as to previous Executive Directors and their abilities compared to what is being accomplished today.

Beyond hiring and evaluating the Executive Director, the board reviews and updates policies and procedures to stay current with the times and needs of Ferry Beach. This has been critical during the pandemic. With the inability to run programs as they have traditionally, the Board has been able to continue communicating using technology and has even taken their annual auction into virtual space. Several members of the Board also assisted in keeping the buildings cleaned and food served to those groups that did visit in 2021 when employees were not available due to travel restrictions.

Going forward, facilities need updating and membership needs to be expanded. This is also a consideration for the nominating committee, the need to find new members that can help Ferry Beach expand their presence in the local community and hopefully upgrade the campus to an ecologically sustainable, year-round location.

For this reason, we are reaching out to all members and asking for assistance with these goals. At present moment we have the required number of members on the nominating committee but it would be ideal to have a list of interested members to help with our mission. We are also asking if you know someone who is not aware of Ferry Beach but could benefit from the mission-based work being done, share the information with them. Increased membership means more resources for all of our programs and projects and assures Ferry Beach will survive for another 121 years.

Thanks,
Kathleen Dziadzio



Calling all Members!

Participate in the democracy of our organization. Join us at Ferry Beach on June 25th at 11 AM for a town hall meeting. At 1PM we will hold the annual meeting of the membership and Board of Directors. Hear from Executive Director Cathy Stackpole on a recap of the year and vote on new board members (see induced nominating committee report). Call 207-282-4489 x100 to sign up.

GAYLA
ADULT

ADULT RETREATS

Explore a craft, learn a skill, meditate, play, hike, relax on the beach, share conversations with other adults, write, take photographs, join a support group, quilt and much more. Make new friends or come with a group. Adult weeks are packed with fun, friends and a variety of content. Come with a friend, a partner, or escape by yourself. You will always feel welcome at Ferry Beach.

YOGA
ADULT

CHORAL FEST
ADULT

SACRED CIRCLE DANCE
ADULT



FAMILY CAMPS

Ferry Beach is the perfect venue for the parents and caregivers who want to be with their whole family for vacation but don't want to cook, clean or be the social director all week! With the beach in one direction, the dining hall in the other, and age appropriate activities for every family member, all the ingredients for a fabulous time are here. Ferry Beach offers the best in family getaways. We are an open and affirming community and welcome all families!!



CIRCLES OF LIFE
FAMILY



YOUTH CAMPS

Ferry Beach is a place where kids can discover, explore, and take action. The coast of Maine is alive with life's transformations and is a wonderful place to grow and change. Youth entering 4th-12th grades share the campus in three age appropriate camps organized by volunteer leaders, many of whom are parents, teachers, and other kid-friendly supporters. Our youth camps are welcoming to those in minority communities & LGBTQ+ affirming. All of our staff must pass a robust background check!



FUUTURES
YOUTH ENTERING GRADES 10-12

FAMILY & FRIENDS
FAMILY



COMPANY OF WOMEN
ADULT

RE WEEK
FAMILY

CIRCLE OF MUSIC
ADULT

DIFFERENT DRUMMERS
YOUTH ENTERING GRADES 7-9



KFTE
YOUTH ENTERING GRADES 4-6

learn more about our programs at
ferrybeach.org/summer

Prepare for Summer: Get the Ferry Beach App Today!

The Ferry Beach App is your one stop place for everything Ferry Beach when you visit. Access your conference schedule, conference content (if applicable), song books, chapel programs, tidings, photos and so much more right from the app!

We updated content daily so you will always have the information you need right in your pocket! Don't feel like fumbling around to try to find something? We have conveniently placed QR codes around campus to help you access the things you want when you want them.

Download the app today for Android or iPhone from your app store or visit app.ferrybeach.org and save to your homescreen. Don't forget to allow for notifications! We will let you know of changes to your schedule and more while you visit!



Nominating Committee Report

Kathleen Dziadzio, Nominating Committee Chair

March 30, 2022

The Nominating Committee has determined the following: four members have terms which end at the Annual Meeting in June 2022. They are Marty Burgess (served 1 three year term as president); Caitlin Peale Sloan (served 1 three-year term as vice president); Kathleen Dziadzio (served as Nominating Committee Chair); and Richard Plumb (served one 3- year term as member).

Caitlin Peale Sloan has decided not to continue as Vice President at this time and Kathleen Dziadzio needs to step away from the board as well. Kristal Kallenberg, whose term expires in 2024 has resigned.

The Nominating Committee puts forth in Nomination for vice president of the board, Ron Willett; Doug Edwards for secretary and nominates Phil Kinsler and Christine Krom as new members. The nominating committee also recommends renewing Marty Burgess as President and Richard Plumb to the Board.

Marty Burgess, President

Marty Burgess is a retired small business owner of Violence No More in Biddeford, Maine. He has been a member of Ferry Beach since the 1990's when he and his partner Christine and their combined family of teens: Trevor, Tyler and Katie first started camping in the Grove. He and his family are mainstays of the Family and Friends conference.

Marty is active in the Domestic Violence Network in Maine and an active member of his communities in both Biddeford, where he works, and Kennebunk where he lives.

Marty leads kayaking and paddling workshops at Ferry Beach and was instrumental in starting the Fog Dogs of Ferry Beach, a paddling club. He loves all sports and in the winter time when he can't be on the water or on his bicycle, he is skating or cross country skiing.

Ron Willett, Vice President

Ron grew up in central Texas and moved to Washington, DC as a young man after law school. He says the general practice of law and life as a gay man in a homophobic culture were two things that did not suit him. Ron held various positions in the U.S. Department of Labor during his 30-year career in the Federal government in DC. He retired in 2010 and moved to Lowell, MA where he now lives with his spouse, Bill. Ron and Bill are both Ferry Beach Life Members and active participants in GAYLA.

Ron is a facilitator/teacher of Sacred Circle Dance (which he learned about at Ferry Beach), and has been active in 12-step recovery for 25 years. He was among the founders of the Triangle Club in Washington DC, a non-profit meeting space for Gay/Lesbian groups of 12-step fellowships, and served on the club's initial Board of Directors for a few years acting as Secretary during part of that time. Ron has also served on the Board of the Department of Labor Fitness Association, including time as Secretary, and on the Session (governing body) of a Presbyterian church in Washington DC.

Doug Edwards, Secretary

Doug is a current member of the board who lives in Saco. Doug has lived in Maine since 2007 after living in Southern Connecticut for 23 years. He attended Nasson College in Springvale, Maine from 1979 to 1983. Previous to that, he grew up in Central New Jersey.

Doug currently works for a Maine Biotech company in the Human Resources Technology department. He and his wife have been Saco residents since December 2016. They attended a Valentine's Day dinner at Ferry Beach and found they really enjoyed the community.

Doug has also been newly appointed as an Advisory Board Member to the City of Saco Parks and Recreation.

Christine Krom, board member 2022-2025

Christine has been a member of the UU Church in Marblehead, MA (UUCM) for almost 30 years. During her first year there in 1992, she took the Cakes for the Queen of Heaven course. This experience introduced her to a wonderful

group of women and set her on a discovery and an exploration of women's spirituality. The next step led her to Ferry Beach where she spent a delightful summer week (1993) with Rev. Shirley Ranck, who led a workshop on her new course, Rise Up and Call Her Name. In the summer of 1994, Christine attended the Women's Pagan Circle. Two of the women she met there are still coming to Women's Week every summer and are her good friends. Ferry Beach has become her spiritual home, which she visits nearly every summer.

She would be a good addition because she is very committed to Ferry Beach. She describes herself as "a creative thinker and good with people". Professionally she was a high school teacher for 25 years, and a psychotherapist for 12 years until she retired in 2013. She has led a small ministry group at the UUCM for nearly 20 years. Additionally, with the UUCM, Christine has been a member of the worship committee, the committee on ministry, the board of trustees, and the choir.

Phil Kinsler, board member 2022-2025

Phil Kinsler and family first attended Ferry Beach in the mid 1980's when his children were very small. They have continued to attend for more than 30 years, now bringing their three grandsons (ages 8, 11, and 18) to the beach. Ferry Beach helped him personally attain the confidence to write and publish professionally and also to write poetry for self and family. It has been a bedrock to his personal growth, and to the development of his children and grandchildren. He views it as an invaluable resource. Phil has taken some leadership and financial contribution positions along the way including 3 years as Adult Coordinator of the Family and Friends Conference, a life member, an early sustaining donor, and a contributor to the campaign for DeWolfe. He is proud to say his younger daughter Rebecca followed in his footsteps and was the adult and chief coordinator for the Family and Friends conference through the pandemic years.

In addition to his personal commitment, Phil hopes to bring some skills and expertise to the Board. He is a retired clinical and forensic psychologist and professor at Dartmouth Medical school. He's been President and Chair of professional organizations and committees. He has done the committee work, managed a budget, raised funds, set organizational goals. Phil has a lot of experience with boards and would like to further contribute to the work of Ferry Beach as a member of the Board of a place he loves.

Richard Plumb, second term board member 2022-2025

Richard and his wife Janet are Lifetime Members of Ferry Beach. They first met at Ferry Beach's Family & Friends conference, and are members of Murray UU Church in Attleboro, MA. Their children and grandchildren attend the Family and Friends conference each year. At Family and Friends he co-led children's groups and was active in the Family and Friends Writer's Group for over 10 years.

As a UU Richard taught religious education, served on numerous committees, conducted summer services and was a former President of his first UU church.

Richard has been involved in personal growth via support groups including Codependents Anonymous and retreats for gay and straight men like the Massachusetts Men's Gathering. He and Janet have both studied A Course In Miracles, co-led a weekly ACIM meeting and currently organize an ACIM retreat. They also attend a weekly Mindfulness group.

Richard has an extensive business background in sales, management and manufacturing. His negotiating, writing and presentation skills will add to the strength of the Ferry Beach Board. Richard believes his cooperative style of working with others towards consensus in decision-making will support moving forward with the mission and vision of Ferry Beach into the future.

For the Nominating Committee positions open, we nominate: Phil Kinsler, Board Liaison; Ruth Rempt; Ken Andersen; Kate Baldwin; Erin Kelley; Maura Morse

Respectfully Submitted:

Kathleen Dziadzio, Chair
Nominating Committee