



FERRY BEACH
Retreat & Conference Center

**Camps for Youth
Entering Grades 4-12**

**July 27th: the 2nd Annual
Paddle Power Race & Cruise**

**4 Family Weeks including
our newest: The Well -
Multicultural Family Camp**

**August 10th: Concert
featuring Melanie Demore**

**Sacred Circle Dance
Returns!**

**Annual Labor Day
Weekend Celebration**

Our 2019 Theme:
"Hope"

ferrybeach.org • 207-282-4489
5 Morris Ave, Saco, ME 04072

WHAT IS FERRY BEACH?

Ferry Beach is a magical place where you can take a morning walk through a grove of sunlit trees, bask in the afternoon sun on a warm sandy beach, and enjoy the company of others as they travel along this journey called life. Ferry Beach offers a loving community of people, healthy and delicious food, great coffee, lots of music, and time for reflection. Ferry Beach can offer you plenty of time for rest and relaxation and is the perfect environment for you to step into your greatness. At Ferry Beach, you can experience the joy of community, the challenge of personal growth, and the comfort of spirit.

Ferry Beach is a Retreat & Conference center with 1000 feet of beautiful beachfront in Saco, Maine. With 32 acres and 19 buildings, Ferry Beach boasts a variety of meeting, gathering and celebration spaces, an assortment of lodging accommodations, wide porches, an art studio & performing arts space, several outdoor play areas, a wonderful dining center with full kitchen staff and custom catering capabilities and a beautiful outdoor chapel nestled in a grove of towering pines.

It is a place of renewal and rejuvenation for individuals, couples and families, and is a safe haven for those in minority communities. Ferry Beach openly welcomes the "other", the "stranger," whether that comes in the form of another person, group, idea, critique or species. At Ferry Beach, we practice radical openness to learn about, understand and potentially be changed by the other.

Ferry Beach is a 501(c)3 non-profit with a mission to awaken hearts to explore, grow and renew the spirit of universal love by working in the following areas:



**CULTURE
& THE ARTS**



EDUCATION



SPIRITUALITY



**CARE FOR
THE EARTH**



**PERSONAL
GROWTH**



**SOCIAL
JUSTICE
& ACTION**

Ferry Beach Retreat & Conference Center
is a proud member of



UUACCC
UNITARIAN UNIVERSALIST ALLIANCE
OF CAMP & CONFERENCE CENTERS



YOUTH CAMPS

Ferry Beach offers three sets of youth camps geared to specific age groups with activities and programming based on our core values.

FAMILY WEEKS

Our Family weeks have a variety of activities for all age groups and our beautiful beach front campus is the perfect place for everyone to relax and unwind!



ADULT WEEKS

Adult weeks are packed with fun, friends, and a variety of content. Explore a new craft, learn a skill, meditate, play, relax, write, and join in meaningful conversation with like-minded peers.

HISTORY

Quillen Shinn, a Universalist minister who believed that all people were worthy of love, founded Ferry Beach in 1901. We continue to celebrate the vision of Quillen Shinn and have built a solid foundation of values we believe in: Acceptance, Community, Compassion, Respect, Truth, Worth and Stewardship. Ferry Beach is a loving and welcoming place for all people regardless of religious beliefs. Join us to find out why generations of families and friends have come back year after year.



OUR TEAM

Ferry Beach is a non-profit organization which is governed by a Board of Directors. Our 2018 Board Officers are: **Barbara Crowley**, President; **Marty Burgess**, Vice President; **Doug Atkins**, Treasurer; **Ron Willett**, Secretary. Our Board Members include: **Stephen Fogg**, **Dave Beseda**, **Jessie Washington**, **Caitlin Peale Sloan**, **Pam Emery** and **Dee Wilbur**. Our year round Staff Team includes: **Cathy Stackpole**, Executive Director; **Sally Ring**, Office Manager / Registrar; **Linda Reynolds**, Director of Food Services; **Steve Carpenter**, Maintenance Manager; **Donna Burnham**, Housekeeping Manager; **Brian Johnson**, Marketing Coordinator; **Julie Lemieux**, Bookkeeper, **Roger White**, Caretaker; **Roberta Altamari**, Youth & Family Coordinator

GETTING TO FERRY BEACH

We are located 15 minutes south of Portland, ME and just under 2 hours north of Boston, MA.

Our summer registration office is located at:

21 Ferry Park Ave, Saco, ME 04072

Airport: Portland Jetport (PWM)

Bus: Portland Transportation Center

Train: Amtrak - Saco Train Station

Transportation Service is available upon request. You must register for transportation at least 2 weeks prior to your scheduled arrival. Transportation to/from Portland is \$20 per person each way. Transportation to/from the Saco Train Station is \$10 per person each way.

ACCESSIBILITY

All of our buildings are equipped with ramps and we have a variety of lodging options for those with accessibility needs. We do our best to address accessibility issues on our campus, but sometimes this is not possible due to the sandy nature of our environment.

REGISTRATION & CANCELLATION

A \$200 deposit is required to guarantee your reservation. The remaining balance may be paid at any time prior to your arrival. Should you need to cancel your reservation more than two weeks prior to check-in, the received payment will be refunded, less a \$50 processing fee. Within two weeks of your scheduled arrival, the received payment will be refunded, less the \$200 deposit.

GIVING

As a non-profit organization, we rely on our members and donors to help with the maintenance and upkeep of our cherished facility. Love comes in many sizes and forms. Whether you make a one-time donation, become a treasured sustainer, or leave a legacy - the love you show us today will be felt throughout the entire Ferry Beach community for years to come. See how you can give to Ferry Beach at www.ferrybeach.org/giving

YEAR ROUND OPTIONS AT FERRY BEACH

Are you seeking to celebrate, instruct, learn, reconnect or relax? Ferry Beach is the perfect spot with gathering spaces and lodging options for your event! If the breathtaking views over Saco Bay, the peaceful sound of the waves crashing on to the shore, and the clean-salty smell in the air aren't enough to make you fall in love with the charismatic place we call Ferry Beach, then maybe you will like our fabulous food, very competitive pricing, and excellent customer service. Meetings, Board Retreats, Corporate Events, Team building workshops, conferences, reunions and more are possible. We'll supply the accommodations, you bring the details! Check us out at ferrybeach.org or call us today at **207-282-4489** to schedule a tour and begin planning your next event!

LODGING

Ferry Beach offers a wide variety of lodging options. From a campsite to a hotel style room, or a dormitory to private and semi private cottages, Ferry Beach has an option for every visitor. For more information on the lodging options at Ferry Beach, visit: www.ferrybeach.org/lodging



MEALS

Our Dining Center provides three freshly prepared, buffet style meals with a wide assortment of delicious hot and cold items are available. Our Director of Food Services is happy to accommodate any special dietary requirements. Please let us know of any dietary restrictions you have during registration.



MEMBERSHIP FEE

Ferry Beach is a membership organization. Membership fees are used to update and maintain our facilities. Annual memberships are \$30 for individuals and \$50 for families.





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JOIN US THIS SUMMER!

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FERRYBEACH.ORG/2019

PROFOUND TREASURY JUN 14-23

ferrybeach.org/profoundtreasury

The focus of this year's retreat will be on vipashyana and the awakening of prajna or knowing. Prajna "best knowing" extends from simple intellectual understanding to direct intuitive insight. On the path of dharma, the ability to think clearly, to develop curiosity, to question and engage with the teachings is essential.

YOUTH CAMPS JUN 23 - JUL 6

ferrybeach.org/yc

Take part in Ferry Beach Youth camps to join an intentional, kind-hearted, open-minded, and connected community built on self-expression and mutual respect. We honor our values of Community, Acceptance, Respect, Worth, Truth, Compassion and Stewardship and campers will join large and small group programs to deeply explore these values (often through their preferred interests) at age-appropriate and engaging levels. Each Camper has an opportunity to select from tracks, workshops and activities on Arts & Culture, Education, Spirituality, Care for the Earth, Personal Growth, and Social Justice & Action.



RE WEEK JUL 6-12

ferrybeach.org/reweek

Each summer we create a dynamic community of individual congregations and families to form this vibrant multigenerational gathering where all kinds of families work and play alongside religious educators. We come to learn as well as to put into practice what it means to be Unitarian Universalist leaders and be part of a beloved community.



CHORALFEST JUL 13-19

ferrybeach.org/choralfest

We are excited to announce that this year ChoralFest will become an all women conference! We will explore music that showcases the special sound that women's voices can create that will call on us to find hope, love and justice in today's world.



GAYLA JUL 13-20

ferrybeach.org/gayla

Join other gay men in a fun-filled week of escape, discovery and community. Take your pick of daily workshops, make art, harmonize with the choir, enjoy fun nightly activities and movies, or just hang out and relax. Embrace all the fun of being a gay man without fear of condemnation or harassment.

PADDLE POWER JUL 20-27

ferrybeach.org/paddlepower

Join the Paddle Power conference to practice paddling techniques, rescue drills and communication with all who are involved. We will be practicing techniques to improve efficiency and safety using kayaks and standup paddle boards (SUPs) to increase your enjoyment and expand your horizons.

JUL 27: THE 2ND ANNUAL PADDLE POWER RACE & CRUISE



YOGA RETREAT JUL 20-27

ferrybeach.org/yoga

Immersing yourself in a week of yoga is an amazing way to feel strong, radiant, and alive in both your body and soul. This is non-judgmental yoga designed to meet you right where you are in your practice.

THE WELL: A GATHERING OF MULTICULTURAL FAMILIES JUL 20-27

ferrybeach.org/thewell

The Well is a faith formation retreat, intended to provide a rare multi-generational space for children, youth, and adults to explore our spiritual paths, the rites of passage that bear witness to our experiences, music, arts, and food that speak to our souls, and worship that inspires us all.

FAMILY & FRIENDS JUL 27 - AUG 3

ferrybeach.org/familyfriends

Family & Friends provides a safe and nurturing community for people of all ages and all walks of life. We come together in community to grow, explore, learn, and build strong and lasting relationships! With morning workshops and activities for adults, young adults and children and plentiful multigenerational activities in the afternoons and evenings, there is sure to be something for everyone in your family!



UUF AF AUG 3-10

ferrybeach.org/uufaf

UUF AF invites families and friends to relax, reconnect, and play at this magical place by the sea. UUF AF has long been a time of joyous reunion with friends and families, and a warm, welcoming place.

AUG 10: CONCERT FEATURING VOCAL ACTIVIST MELANIE DEMORE

CIRCLE OF MUSIC AUG 10-16

ferrybeach.org/circleofmusic

Come join us as we build a music community. Be challenged to grow whether you start as a beginner or are polishing skills. Guest workshop leaders including vocal activist Melanie DeMore, and returning Sally Rogers, will lead us in several workshops throughout the week.



IN THE COMPANY OF WOMEN AUG 10-16

ferrybeach.org/women

Come and be your authentic self again! You can look forward to activities such as: drumming, dancing, nature walks, massage, reiki, yoga, spirituality, improved connection to intuitive wisdom, leisure time, and of course, "gathering solar rays!" Enjoy guest speakers, concerts, singing, writing, and the time honored camp tradition of arts & crafts!

WOMEN'S HEALING RETREAT AUG 18-21

ferrybeach.org/healing

Join us for a nurturing, personal healing retreat by the sea intertwined with Reiki, integrated Kabbalistic Healing, Meditation and Yoga.

HOPE & RECOVERY AUG 18-22

ferrybeach.org/recovery

Most of us are recovering from something: a challenging childhood, an addiction to food or relationships, money or substances. There are many roads to recovery, some which seem to help more than others. In this workshop, we will explore these paths: writing, developing our sense of wonder, the generic 12 steps and community.

SACRED CIRCLE DANCE AUG 18-22

ferrybeach.org/scd

Join us to enjoy the special energies of Sacred Circle Dance with ample opportunities for down time, swimming, or exploring the beautiful coast of southern Maine. The theme of this year's retreat is "Keeping Hope Alive Through Sacred Circle Dance." Sacred Circle Dance has become worldwide, bringing people together for an experience of intentional community, mindfulness, and dances both old and new.



SOUL PATH DISCOVERIES AUG 19-23

ferrybeach.org/soulpath

Take a life-changing Soul Journey, where images, imagination, intuition, and writing your life stories, serve as a fun and potent catalyst that will illuminate clear, divine steps for your unique Soul Path.



MOTIVATIONAL INTERVIEWING AUG 19-23

ferrybeach.org/mi

Here we approach the daunting task of creating hope within hopelessness, gracefully exploring a person's spirituality and looking at trauma through a compassionate lens.

THE BEACH GETAWAY AUG 24-27

ferrybeach.org/getaway

The Beach Getaway is the best of everything Ferry Beach has to offer. Come and meet with old friends and make new ones, walk along the shore, play a game or two of croquet, and take part in community building among the whispering pines of the Grove. The pace is yours, take it all in or simply enjoy the beach and rocking chairs that look out over the ocean.

FINDING HOPE AUG 24-28

ferrybeach.org/findinghope

This workshop will lead you through the steps to finding hope within and bring it out to the world every day, in small ways and large.

QUILTING BY THE BAY AUG 24-30

ferrybeach.org/quilting

Set up your machine in a comfortably large air-conditioned room full of happy quilters. Bring your unfinished work and get informal and formal input as you need it... or start a new project by joining our project group and to firm up your skills and learn new ones. You will have a table of your own to spread out your work, nearby irons and boards, a design wall, and access to a raised cutting table for managing larger pieces of yardage.

LISTENING MIND AUG 24-30

ferrybeach.org/listeningmind

Thinking Mind is utterly familiar to us. In meditation, however, something else might emerge. What we call Listening Mind involves a relaxed, yet alert, dispassionate receptivity that seldom gets its due. Listening Mind can open us to the oneness of whatever hits our eardrum. This program will provide a unique opportunity to retreat into the natural state of openness through guided meditation, reading, and simple exercises.

LABOR DAY WEEKEND AUG 30 - SEP 2

ferrybeach.org/ldw

Celebrate with us the last weekend of summer 2019 with an all-you-can-eat barbecue, live music, family games and activities, the beach and much, much more

AUG 31: LABOR DAY COOKOUT

