

# Discovery

December 2016

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## Summer Theme- Love

*"Love is what we are born with. Fear is what we learn. The spiritual journey is the unlearning of fear and prejudices and the acceptance of love back in our hearts. Love is the essential reality and our purpose on earth."*

*Marianne Williamson*

Chosen almost three years ago, this year's summer theme of "Love" is divinely timed. There are no accidents. Our role in helping people along their spiritual journey is more than a century old. At Ferry Beach, part of our message to one another is remembering that we are LOVE. Often as the world presses in on us we learn and absorb fear from those around us—which forces us to live cautiously encased in our own safe bubble. Yet, as we know, our founding faith, "Universalism, calls us out of ourselves and into the world to love." (UU Minister Carl Gregg)

Some of us are afraid following the election, some of us are wondering what will happen, others of us are organizing; all of us want to **live** on the side of love. We are now being called to action, to "be love" in the world. We need to practice love in action - daily. Some of us can say we have always been loving, some of us know we have some work to do; all of us are questioning our role as people who live in the United States and our responsibility to our neighbors, friends, co-workers, and others who share this beautiful country and this beautiful planet.

If we are the beneficiaries of straight white male privilege, we need to understand what that means for us and for those who are not the beneficiaries of such privilege. We need to find our voices to speak and call out injustice.

## Planning for the Future

We know it is important to look ahead and plan for the future.

Recently we had the chance to sit down and talk to Gail Forsyth-Vail and her husband Stephen Vail and about why Ferry Beach and planning for the future is important to them.

(for more see p.2)

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## Planning for the Future

“In our wills, we have designated a percentage of our estate for Ferry Beach. It has been a longtime spiritual practice for us to donate a percentage of our annual income to organizations and institutions whose values and work are important to us. It makes sense to continue that practice with our financial assets when we die. We have no clear idea what challenges and opportunities will present themselves for Ferry Beach in the future. Our legacy gift to the endowment is to help ensure that FBPA’s leaders are on solid financial footing as



they work to continue the

## Summer Theme- Love by Cathy Stackpole

Continued from p. 1

As Pema Chodron says, “There are many ordinary people who spend their lives training to open their hearts and minds in order to help others do the same. Like them, we could learn to relate to our world and ourselves as warriors. We could train in awakening our courage and love.”

As members of Ferry Beach we can awaken in courage and love. We have much to do. Inaction is not an option. Ferry Beach has been moving toward this place of being and this place of action for many years. Several months ago the Ferry Beach board agreed to put forth at the annual meeting a new mission statement (see this [webpage](#)) which calls us into our core values which at the center of our founding is love.

As Nelson Mandela reminds us: “No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.” Love is our natural state of being. We grew up being infused with fear and have remained silent while others fell

victim to that fear in our world: people of color, the LGBTQ community, immigrants, and others. As Audre Lorde reminded us so many years ago: “In the transformation of silence into language and action it is vitally necessary for each one of us to establish or examine her function in that transformation and to recognize her role as vital.” She goes on to remind us that we “can learn to work and speak when we are afraid in the same way we have learned to work and speak when we are tired.”

As Marianne Williamson shares with us, lest we believe we are not up to the task: “We are not held back by the love we didn’t receive in the past, but by the love we’re not extending in the present.”

We have created a page on our [website](#) that will from time to time list opportunities for you to put your love into action in organized and specific ways. Also, this summer, and in subsequent Discovery Newsletters, we will explore and practice ways we can call out injustice every day and be love in action in our everyday lives. Join us!



### Practicing Love

“From spiritual connection springs kindness, connection, social activism, and love”  
-Dani Shapiro

“Justice is what love looks like in public”  
-Cornell West

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“Love has no meaning if it isn’t shared. Love has to be put into action.”  
-Mother Teresa

“Although the world is full of suffering, it is also full of overcoming.”  
-Helen Keller

Please consider becoming a sustaining member of Ferry Beach! On the website or contact us at 207-282-4489

Winter Retreats - Check out the Website for More!

**Jan. 7-8:** (1 night) Setting Your Intentions with Cathy Stackpole, *Love Offering*

**Jan. 13-16:** GAYLA Winter Reunion at Ferry Beach

**Feb 3-5:** Interfaith Ministers Weekend

**Feb 17-20:** Quilting Weekend with Barbara Stroup

**March 13-16:** Writing Short Fiction Workshop with Judith Campbell

**Look for bed & breakfast specials throughout the winter!!**

[Check the website for more!](#)



**Fall Harvest Art Auction!**



**Family & Friends up to visit for the holidays...  
No room? No problem!**

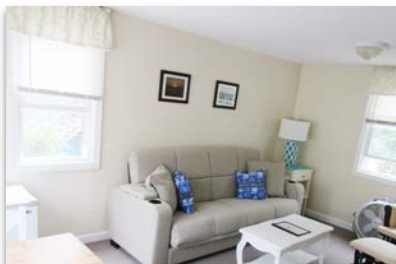
**\*\*Cross:** 4 separate private bedrooms with private bathrooms. Linens included.

**\*\*Metz Cabins:** 2 private cabins with private bathrooms.

**\*\*Morris:** 4 bedrooms, full kitchen, fire place and private bathrooms.

**\*\*Kelley:** 3 bedrooms, 2 bathrooms, living room with sleep couch and kitchen.

**Call to reserve your spot today! 207-282-4489**



**Set your Summer Job or Internship up now while on break!**

**We have many jobs available at Ferry Beach from being a Youth Counselor to Lifeguard as well as a Art & Hospitality Internship.**

**Call today 207-282-4489  
Email [tidings@ferrybeach.org](mailto:tidings@ferrybeach.org)**



Ferry Beach Park Association  
5 Morris Avenue  
Saco, Maine 04072



Non Profit Org.  
U.S. POSTAGE  
**PAID**  
Permit No. 1011  
Saco, Maine 04072

### Annual Meeting Announced!

The Annual meeting will be on Sunday June 11, 2017 at 1pm,  
the Town Hall will be at 11am. Reserve your spot now!

## Summer 2017 conference registration is open!

Visit [www.ferrybeach.org](http://www.ferrybeach.org) for more information and to register.

(Call 207.282.4489 to register.)

### JUNE

Boston Pride Parade	Saturday June 10
Work & Play Week	Saturday June 10- Friday June 16
Profound Treasury: Buddhist Conference	Friday June 16- Sunday June 25
Youth Camps: Kids for the Earth, Different Drummers, & FUUTURE	Sunday June 25- Saturday July 1

### JULY

Youth Camps: Kids for the Earth, Different Drummers, & FUUTURE	Saturday July 1- Saturday July 8
Religious Education Week-Friends Gathering on the Sand	Saturday July 8- Friday July 14
Choral Fest	Saturday July 15- Saturday July 22
GAYLA	Saturday July 15- Saturday July 21
Getaway Weekend	Saturday July 22- Monday July 24
EcoSpirit (includes Intro to Permaculture)	Saturday July 22- Saturday July 29
Yoga	Saturday July 22- Saturday July 29
Kayaking/Paddle board	Saturday July 22- Saturday July 29
Slo Fashion (Sew Your Own Clothes)	Sunday July 23- Friday July 28
Family and Friends	Saturday July 29- Saturday Aug 5

### AUGUST

Unitarian Universalist Fellowship & Fun (UUF&F)	Saturday August 5- Saturday August 12
Motivational Interviewing	Monday August 7- Friday August 11
Concert: Reggie Harris Returns, New this year Catie Curtis	Saturday, August 12
Company of Women	Saturday August 12- Friday August 18
Circle of Music	Saturday August 12- Friday August 18
Women's Healing Retreat	Sunday August 13- Thursday August 17
Power of Words (Pre conference August 17-18)	Friday August 18- Sunday August 20
Soul Collage	Sunday August 20- Wednesday August 23
Transformational Leadership	Sunday August 20- Wednesday August 23
When You Want Only Love	Saturday August 26- Tuesday August 29
Quilting by the Bay	Saturday August 26- Friday September 1
12-Step Intensive	Saturday August 26- Friday September 1

### SEPTEMBER

Labor Day Weekend	Friday September 1- Monday September 4
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