

Discovery

Spring Newsletter from the Ferry Beach Park Association

MAY 2015

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What's New for Summer 2015?

Teeny Tiny ice cream cones are back. Hooray! We found a new cone supplier so these bite-size treats are ready to go. The store will have some new items as well: a **denim button-down shirt** with the Ferry Beach logo, new **sweat shirts and t-shirts**, and a few new **sundries** like sunscreen and aloe vera gel.



Digital Décor! The daily schedule, pictures from the previous day, and other need-to-know items will be shown on a large **monitor mounted on the wall** of the dining hall this year. At the end of your week, you'll be able to make a donation and take home a **disc of photographs** of the smiling faces and beautiful scenery that were shown there throughout the week.

Premium lodging! **5 Morris Cottage** is available for weekly rentals, featuring 4 bedrooms, living room with a fireplace, kitchen, and full bathroom plus an outside shower. We will also have



four new rooms, each with its own private bath, for rent in 8 Morris #2 (previously Hopkins House).

We've added a **weekly Sunday brunch** to the schedule, served right after our Sunday service until 1pm. **Lobsters** will be available for purchase for Thursday evening dinner.



New exciting conferences:

Join us for one (or more!) of our new conferences for 2015: Talking with Students about Ferguson (July 10-11), Family Conference on Deep Ecology (July 18-25), Spiritual Art of Aging (August 8-14), Exploring the Q (August 13-15), Motivational Interviewing on the Beach (16-21), and our weekly Conversations of Compassion.

Emma's Revolution Concert!

Don't miss this event on **Saturday August 15th at 8pm** in GAYLA Theatre. Tickets are \$20 each, \$10 for PSI conferees and free for Circle of Music conferees. The show sold out last year, so call 207.282.4489 and buy your tickets now!



Ferry Beach Park Association Nominating Committee Report

The Nominating Committee for the 2015 elections of the Ferry Beach Park Association was composed of Brad Cohen (2012-2015), Rick DeWolfe (2013-2016), Rev. Sue Gabrielson (2014-2017), and Board Liaison Cyd Melcher.

Throughout the past year, the Committee reached out to the membership to generate potential candidates for a variety of positions and volunteer opportunities, with an eye to nurturing future leadership. The Board also asked the Committee to consider strategies to develop the skills of current Board members, and to orient newly elected members to their role and responsibilities.

The Committee engaged the general membership through the Ferry Beach website, an email to all members, an online "Interest Form," personal contacts, and many conversations with a range of Ferry Beachers. In all, we screened about two dozen potential candidates. Everyone we spoke with expressed great love for Ferry Beach. Many are interested in volunteering, but are not ready or able to commit to Board or Nominating Committee positions. We referred names of these members to staff, and promoted the Ferry Beach Keepers program.

Four current Board members are in positions expiring this year. Of these, two are eligible for second terms and interested in doing so. The Nominating Committee is pleased to put forward the following slate of outstanding candidates for the Board of Directors:

Treasurer: Carolyn Hodges, Cambridge, MA, 2nd term (2015-2018)

Secretary: Marty Burgess, Kennebunk, ME, 2nd term (2015-2018)

Director: Deb Best, Niskayuna, NY, 1st term (2015-2018)

Director: Janet Bringola, Wakefield, MA and Saco, ME, 1st term (2015-2018)

One current Nominating Committee member is in a 3-year position expiring this year, and one position remains vacant with one year remaining on the term. None of the potential nominees we interviewed felt ready to accept the 3-year position, so we have nominated an excellent candidate for the 1-year position at this time. We are pleased to present the following slate of candidates for the Nominating Committee:

Nominating Committee Member: D'Vorah Kelley, Keene, NH, (2015-2016)

Meet the Candidates!



Carolyn Hodges
Candidate for Treasurer (2015-2018)
Cambridge, MA

Carolyn Hodges has been enjoying Ferry Beach with her family for about fifteen years. She is a member of First Parish in Arlington, MA, which holds an annual retreat at the Beach each October. Carolyn attends Quilting by the Bay each August since its inception in 2001. Both she and her daughter, Jean Coletta, are life members.

Carolyn resides in Cambridge, MA with her husband John and they are twenty-year members

of First Parish Arlington. She has served her church in many ways, most recently as chair of the annual stewardship drive (2009-2011) as well as serving as a lay minister for several years. She sings in the choir and is a member of a small women's a cappella ensemble "The UU-lations." Carolyn is an avid cyclist. Professionally, Carolyn is the Executive Director for Risk Management at JP Morgan Chase. She is an experienced financial professional and holds an MS in Accountancy, an MBA in Finance and a BA in Economics/Political Science.

"I have served one term on the Board as Treasurer with gratitude. Ferry Beach is a jewel and my fellow "Beachers" delight in its splendor. I very much appreciate my time serving with my fellow board members; together we have increased both transparency and financial stability, and improved our sense of community."



Marty Burgess
Candidate for Secretary (2015-2018)
Kennebunk, ME

Marty Burgess has been a Ferry Beach member since the late 80's. He first arrived in the Grove with his partner Christine and their combined blended family of teens, Tyler, Trevor, and Katie. Their blended family has been active in the Family and Friends week ever since. The grandchildren have joined

them for Family and Friends as they continue to embrace Grove camping, ocean waters, and Ferry Beach life.

For the past 12 years, Marty has enjoyed leading Fog Dog Pods in discovering the joys of ocean kayaking. Marty is a small business owner of Violence No More. He works with the court system and many individuals to bring peace to interpersonal relationships.

D'Vorah Kelley
Candidate for Nominating Committee
(2015-2016), Keene, NH



D'Vorah is a long time Ferry Beacher. She served on staff for 6 years, as Minister of the Week, and as a conference coordinator. D'Vorah is ordained as an Interfaith minister through the Chaplaincy Institute of Maine (ChIME). *D'Vorah's full bio will follow.*



Deb Best, SPHR, SHRM-SCP, Candidate for Director (2015-2018), Niskayuna, NY

My husband Joel and I were married in 1992 by the then-minister of the Unitarian Universalists of Pittsfield, MA. We joined the Unitarian Universalist Society of Schenectady, NY in 2004, the first and only congregational membership experience for our family, because we wanted our then-toddler son to have the experience of belonging to a like-minded spiritual community as part of his childhood upbringing that we didn't have. We were drawn by the Senior Youth Bridging Ceremony, Susan (of blessed memory) from the Membership Committee, and Mindy, then the wonderful DRE. We knew that we, and our now-13-year-old son Noah, would be welcomed. Noah, a lifelong UU, has flourished there. Over the years, Joel and I have served in various lay governance roles for our church, and I currently serve as a member of our church's Trusts and Personnel Committees. In 2012, Mindy and her husband Donald invited us to volunteer as FUUTURES counselors for the Ferry Beach Youth Camp, and Noah (now a Different Drummer who will move to FUUTURES next year) was introduced to the Ferry Beach experience as a KFTE.

Ferry Beach was instantly a safe and wondrous extension of our family's UU community. I have volunteered as one of the FUUTURES Theater Track counselors for the last 3 years, and Joel will mark his fourth summer volunteering as a FUUTURES Art Track counselor this year.

As a sustaining donor of Ferry Beach, I'm honored to be nominated to the Board of Directors. I look forward to being part of the effort to sustain and grow Ferry Beach now and into the future, so Noah and his future family can continue to be part of the Ferry Beach community in the decades to come.

I have more than 25 years of business, change management and human resources leadership experience for Fortune 5, technology, manufacturing, consumer and supply-chain publicly and privately held companies, including General Electric, Trans World Entertainment and Boston Scientific, as well as non-profit, academic and public-sector organizations. Central to my work as a Practitioner is to partner with leaders at all levels to define and leverage both talent and challenges to meet needs, which in turn maximizes success for both the organization and the individual. I am the owner of *Deb Best Practices*, a New York state Certified Women-Owned Business Enterprise which provides Outsourced Human Resources, Corporate Recruitment, Strategic Planning, Change Management / Communications and Dispute Resolution Leadership for organizations from 5 to over 13,000 employees.

Thank you for your kind consideration.

Janet Bringola, Candidate for Director (2015-2018), Wakefield, MA and Saco, ME

I've been a member of Ferry Beach since 1974, when I first came to Family and Friends and Labor Day weekend as a single parent with my four kids. Matt and I began coming together in 1980, mostly for Labor Day as we were working full time and bringing up six teenagers. We bought a little trailer on-site in the late 80's, and for 15 years lived in the Grove from Memorial Day to Labor Day. I worked with youth on the staff of Family and Friends for 3 years, and coordinated the conference with Ruth Goldberg for 2 years. I served on Search Committee for a new director many years ago.



In 1999, I retired and spent my first Work Week leading the gardening effort. Our priority was to make Quillen a welcoming, attractive place for arriving guests. We redid the circle garden in the Quillen parking lot, planted flower pots in the chapel and other small projects. That was the beginning! The next year we landscaped Clafin with the help of teenagers who were working at a Habitat for Humanity site. We began the development of the Memorial Garden. Changing this area from dark, wet and unused to light and airy was magical and a huge learning experience. When Matt retired in 2002, we became a gardening team at home and at Ferry Beach doing what we like to do best! Gardening gets you outdoors, gives you the chance to get exercise and to create something beautiful. Since 2003, I have led the gardening crew during Work Week.

Ferry Beach has given our family so much over the years: a safe place for spiritual development, personal growth, lasting friendships, and of course a beautiful place to relax and enjoy! It is very satisfying to be able to give back.

I would like to offer my communication and management skills, and positive attitude to the Board of Directors. I am interested in helping form a vision of the future that includes programming 12 months of the year.

New Year-Round Rental

With the renovation of the home at 8 Morris #2 (previously Hopkins House) nearing completion, we have added four rooms, each with their own private bath. They are all close enough to hear the waves at night and two offer peeks of the ocean through the trees. You are always a short walk to the beach when staying here! Each room offers a coffee maker, alarm clock, full shower, and extra large windows.



These four rooms will be available year round and we will be offering weekend getaways for small groups and couples to enjoy a bed and breakfast retreat. Linens are also included in the off-season.

September and October always promise fantastic sunrises, warm ocean breezes, and cool nights for sleeping. Come visit this fall for the most breathtaking autumn color, or join us in deep winter for a fantastic time cross-country skiing or snowshoeing on our nearby trails. The fresh spaces of 8 Morris #2 will be available during the week, on the weekend, or anytime at Ferry Beach.

Summer 2015 Conference Schedule

Register now at www.ferrybeach.org or call 207.282.4489

JUNE

15-20: Work Week. An opportunity for family and friends of Ferry Beach to help clean, paint, garden, and sew, along with many other projects!

20: Ferry Beach Annual Meeting in Rowland Hall, Saturday, 1pm. RSVP: 207.282.4489

21-27 and 27-July 4: KFTE, Different Drummers, and FUUTURE. Youth camps for children entering grades 4-12. (KFTE not available in week two of youth camp.)

JULY

4-10: Religious Education Week. We welcome Reverend **Tandi Rogers**, Outreach Director for UUA, who will be teaching the class from Meadville Lombard.

10-11: Talking with Students about Ferguson. Georgetown Professor Marcia Chatelain will teach a two-day intensive on working with students and racial justice. CEUs for social workers and teachers. For more information, visit www.ferrybeach.org.

11-17: Choral Fest. Great place if you love to sing. Choir membership is not required!

11-18: GAYLA. A wonderful, spiritual, and fun conference for gay men of all ages.

18-25: Family Conference on Deep Ecology. Workshops and activities for every member of the family on honoring and protecting our earth!

18-25: Yoga Retreat. **Anne Falkowski** returns with a fabulous opportunity for you to care for your body temple in the most relaxing and rejuvenating environment.

18-25: Kayaking! Join **Marty Burgess** and the FogDogs of Ferry Beach in a wonderful weeklong opportunity to explore the Maine coast.

25-August 1: Family and Friends. A conference of diverse families of all ages coming together to play, make music, explore our natural surroundings, and connect to our spiritual selves. Great young adult workshops and activities. Musician/folksinger **Andrew McKnight** joins us!

AUGUST

1-8: UUFAC is a great place to connect with old friends, meet new people, and enjoy the beauty of Ferry Beach. **Jodi Hayashida**, theme speaker.

8-14: Women's Week welcomes Rev. **Judith Campbell**. Amazing women's circles and activities planned throughout the week.

8-14: The Spiritual Art of Aging. Join **Carol Strecker** and **Caryn Clark** as they share their journey of spirit and aging. Includes yoga, meditation, and much more!

13-15: Exploring the Q. What does it mean to be a girl or a boy? How has society limited our sense of our own sexual expression? These and more questions will be explored in this two-day intensive.

15: Emma's Revolution Concert! **GAYLA** Theater, Rowland Hall, 8pm.

15-21: Circle of Music conference welcomes the dynamic duo of **Sandy O and Pat Humphries**. They will inspire us to remember our roots and use our voices and resources to make the world a better place. Folksinger **Joe Jencks** joins the week on Tuesday!

15-21: PSI/Integrated Spiritual Pathways welcomes sound healer and Peruvian Shaman **Pierre Garreud** for a week of spirituality and healing.

17-21 Motivational Interviewing on the Beach! This five-day symposium will offer a series of techniques for transforming the most problematic challenges encountered in everyday caregiving.

21-23: Weekend Getaway. A short sampler of all the best that Ferry Beach has to offer.

22-29: Quilting by the Bay. An opportunity to quilt with others in an atmosphere of support and growth. Award-winning quilter **Timna Tarr** joins the retreat for a two-day stay to share her techniques and trunk show.

29: 12 Step Intensive. A 12 Step Conference for anyone interested in exploring how to use the 12 steps to live a life of grace. Facilitated by **Roger White**.

22-29: The Art of Seeing: Photography with **David Sumner and Paul Provencher**. Ferry Beach is the perfect location to photograph sunrises, nature, and anything else that catches your eye!

SEPTEMBER

4-7: Labor Day Weekend, featuring our Old Fashioned Family Picnic. Live music on Saturday from 4-8pm with **Rudy Gabrielson and Friends**, fantastic BBQ starting at 4pm on Saturday and great games and workshops for the whole family.

2015 Annual Meeting of the
Ferry Beach Park Association
Saturday June 20, 1:00pm

All members are invited to join the Ferry Beach Board of Directors at the **2015 Annual Meeting** on **Saturday, June 20th at 1:00pm** in **Rowland Hall**.

A **Town Hall** will precede the meeting at **11:00am**, and complimentary lunch will be offered between the Town Hall and Annual Meeting. Please let us know if you are attending both meetings so we can plan accordingly for lunch.

Staying overnight?

Discounted rooms will be available to those staying overnight for \$25 per person.

Please email

registration@ferrybeach.org with the names of those attending, address, and phone number to receive your discount and reserve your lodging and meals.

Help us get the word out!

Do you belong to a church, an organization, or a group that needs to know about Ferry Beach? Do you live in an area or participate in a local activity that would welcome knowing about all the fantastic conferences, workshops, and fun that is going on at Ferry Beach? Would you be willing to put up a few posters in your town, organization, business, or community center?

If you answered yes to any of the above, let us send you a packet of materials about our summer season and about Ferry Beach in general. This year we have much more to share with year-round rentals, and winter and summer conferences and workshops. Thank you!