



FERRY BEACH

Retreat & Conference Center

5 Boardwalk Drive, Saco, ME 04072 • ferrybeach.org

Youth Camp Suggested Packing List

For Sleeping

Bedding for a twin bed

All mattresses are covered with hypoallergenic covers.

Fitted sheet

Sleeping bag or blankets

Pillow with pillow case

For staying clean

Shampoo, conditioner

Shower soap

Toothbrush, toothpaste, floss

Brush or comb

Deodorant

2-3 large towels

Nail clippers, band-aids

Hairdryer if you need it

Feminine hygiene products if needed

A bathroom bag or container to hold items your

Items

For wearing (label all items)

Dress is casual and practical

3 pairs of long pants

4 – 6 pairs of shorts

2 long sleeve shirts

2 sweatshirts

9 changes of underwear

3 bras for girls who wear them

Pajamas that can be worn in mixed company

2 bathing suits

1 outfit for a dressier evening

Bag for dirty laundry

For walking, running, hiking, beaching

1 pair of sturdy sneakers or sturdy sandals with a strap around the heel

Easy on, easy off sandals for beachwear

An extra pair in case others get lost or wet

For the Outdoors

Sunscreen

Bug spray

Flashlight

Refillable water bottle

Outercoat, rain jacket, or lightweight coat

For fun and comfort

Books to read

Frisbee

Paper, envelopes, stamps

Playing cards and/or other games

Personal items (i.e. teddy bear)

Small fan for your room

If you bring a camera, put your name on it

*personal electronics are only allowed in campers'

rooms at rest and bed times, and only with

earphones. We recommend leaving them at home.

For Camp

We have a Talent/No Talent Show—You may want to bring instruments, outfits, or props.

Old clothes to get paint on.

Hobby items

A sense of humor

Do Not Bring

Cell phones

Devices that connect to the internet

Skateboards, Bicycles

Anything with speakers

Food or candy

Valuables (i.e. too much money, expensive jewelry, watches, etc.)