

# Discovery

## Our Summer So Far

There is no better way to spend the dog days of summer than at Ferry Beach! We have enjoyed every groups stay and are already counting down the days to their return next year. Many conferences have already begun planning their 2020 summer programs! Check out summer 2019 highlights below. And remember: summer is far from over! Head to [ferrybeach.org](http://ferrybeach.org) to register for one of our enriching retreats and workshops.



Youth Camps bid farewell to the bridging seniors and say hello to a new wave of KFTE youth!



RE Week was a blast! So many fun activities took place, including the beloved Banathalon relay.



GAYLA Theatre never looked or sounded more colorful than during GAYLA 41's Talent/No Talent Show!



ChoralFest filled Dolphin Room and campus with sweet music and joyful chorus, courtesy of the all-women chorus.



We hosted our first annual multi-racial family conference "The Well" in July and are excited for their return next summer!



Family & Friends filled campus with lots of people, energy, and FUN! Secure your spot for next year's 50th anniversary on our website. Space is limited!



UUFAB brought their spirit to the sea and had a fantastic week complete with music, fun, and games, plus a trip to Aquaboggan!



Melanie Demore kicked off Circle of Music and In the Company of Women with a stellar vocal performance, filling campus with hope and inspiration for the week.

## In This Discovery

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Come back to the beach for one-last summer-time getaway to enjoy our annual Labor Day Weekend celebration! Expect a fun-filled getaway with a classic summer BBQ with Lobster, live music, family games and activities, campfires, the beach, and much more. And if you can't make the whole weekend, come for just the cookout on August 30th! Sign up and reserve your room at [ferrybeach.org/laborday](http://ferrybeach.org/laborday)



We all have a special gift – are you willing to share yours to support Ferry Beach!?

- Are you an artist? Donate a creation!
- Do you have a spare room at home? Volunteer to host a guest!
- Crafty? Jewelry, stationery, gifts!
- Do you take photos? Donate prints or a photoshoot.
- Donate a resource, special skill, or unique opportunity.

Get creative and make arrangements for your gift by emailing [fallfestival@ferrybeach.org](mailto:fallfestival@ferrybeach.org)

Be prepared to join Ferry Beach Friends and Family for the Fall Festival on October 19th! There will be scrumptious hors d'oeuvres, music, and some fabulous items up for bid.

Registration is \$25. To resister, visit [ferrybeach.org/fallfestival](http://ferrybeach.org/fallfestival) or call 207-282-4489 x1

**We love our Donors**

Special Thank You to  
**Nancy Cunningham, Carolyn Hart, & Laurie Loosigian**  
 Who became sustaining donors during their conferences this summer!



## Behind the Scenes with Food Services Director Linda Reynolds

Ever wonder what it takes to provide delicious, hot, and healthy meals all summer long? Linda Reynolds sheds light on her role and passion for cooking in an informative Q & A with our marketing intern, Emma LeMay.

### When did you discover your passion for cooking?

As a kid, I always looked forward to home cooked meals Texas style at my grandmother's every Sunday. I grew up watching Jeff Smith's show *The Frugal Gourmet*, fascinated by the exotic dishes he cooked. Julia Child was also a huge influence on me—I thought if she could do it, so could I.

### What does a typical day look like for you?

Is there such thing as a typical day? I typically work the evening meal shift, so when I arrive, I check-in with the staff and get some administrative work done before cooking. I make sure Social Hour platters and dessert are set and begin preparing the meal which generally takes three hours. In between cooking, I clean and re-stock for the current meal. Dinner is served at 6 p.m. I am at the window to address guests' questions and/or concerns and assure service runs smoothly. Post-meal we dismantle the buffet, refresh the salad bar, and store leftovers. Once the crew completes the cleaning process, we lock up for the night.

### What are daily challenges you have to overcome?

Dietary needs are a recurring challenge. We work very hard to accommodate our vegetarian, vegan, and gluten-free guests.

### How much does it cost to feed a typical conference for one week?

It certainly varies on the size of the group, but a group of say 180 people, which includes 60 children, can rack up a weekly food bill of about \$6,000. This price excludes labor and utilities.

### Approximately how many pounds of dairy, meat, and vegetables do you go through in a week?

Again, it varies, but using my example of 180 people, we can go through 42 gallons of milk, up to 300 pounds of vegetables, 300 pounds of meat, and 30 pounds of breakfast fruit alone.



### What is a common misconception about your role as chef?

That it's a glamorous job. When I watch the chefs on TV with their hair all done and flawless makeup, I can't help but chuckle. This work is messy and smelly and it wears you out. On the upside, it is a job that brings instant gratification. Someone eats your food and smiles, reminding you that it's all worth it.

### What is your favorite dish to serve and why?

I like to serve guests something that takes them a little outside of their comfort zone—it's generally Indian-style dishes. I love bold flavors and when I can introduce someone to something different, it makes me feel like I've done my job. It isn't just about feeding people for me.

### What goals for Ferry Beach dining do you hope to achieve?

I would like to integrate the buffet line into the front counter so we can free up space for people and avoid having to disrupt the food line to replenish food items.

I am constantly thinking of new items for meals, trying to be more relevant than trendy, and of course, sympathetic to the traditions of Ferry Beach.

My overarching hope is to offer meals that are not only sustaining, but also flavorful and at a higher level than your average buffet.

### Why do you enjoy cooking at Ferry Beach?

I love the atmosphere of Ferry Beach and that people come back year after year; it's like a family reunion every week. The vibe here is low-key, too; it's not like working in a restaurant with loads of noise and people shouting. I greatly appreciate the pleasant work environment.





## Celebrating Hope

In honor of our 2019 theme, we highlight hope stories submitted by Ferry Beach guests. Read about the impact Ferry Beach has made on them and why they look forward to returning year after year. Also admire how our visitors defined hope throughout the summer during their conferences.



**Alison Gary**  
*Washington DC*

We started going to Family & Friends the summer before I started fourth grade (1985). Having a week where we found kindred spirits and were welcomed and loved for who and what we were was a revolutionary experience. Life could be so hectic with my dad's on and off health problems, school, and work. Ferry Beach was one week a year where we left the stress of 'the real world' behind us, and it helped us connect as a family and remember what is important. Now that I have a family of my own, I hope to return and continue the tradition.



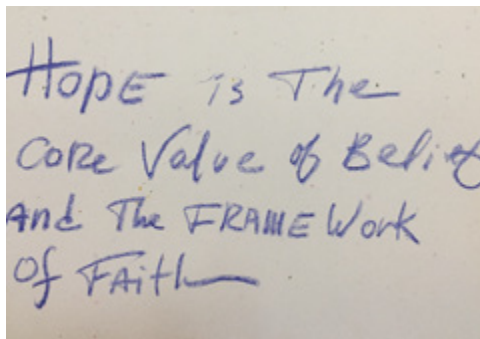
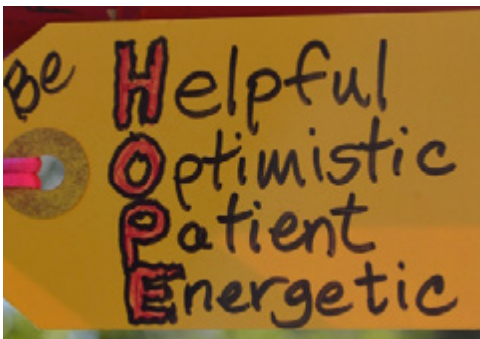
**Thomas Long**  
*Connecticut*

I came to GAYLA #41 at Ferry Beach determined to plunge myself into experiences outside my comfort zone (not including plunging into the frigid ocean water, however), knowing that going outside my comfort zone is where personal growth happens. The theme of our week was HOPE, which Emily Dickinson described as "the thing with feathers," and on those wings we can fly. I touched and was touched in ways I've never been before, for which I'm grateful, and I hope will become a better man who loves men from the experience.



**Kelly Thome**  
*Massachusetts*

My family first came to Ferry Beach five years ago for our annual church retreat, and it's become a weekend we anticipate all year! At Ferry Beach we can put down our devices and enjoy being present. When they were younger, our kids loved the freedom to roam and explore safely without constant check-ins, something less possible at home. From the rocking chairs on Gitchell Porch to barefoot beach walks and the all-church Talent/No Talent Show on GAYLA stage, Ferry Beach is the place where we relax and refresh our spirits in the company of our church family.

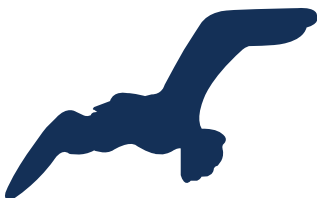


I hope that kids play outside instead of on their phones



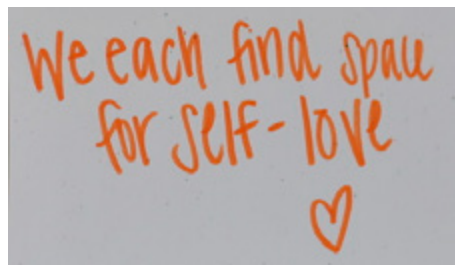
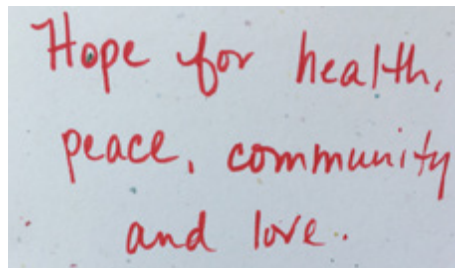
**Katja Grober**  
*California*

hope is the home to  
 beautiful sights  
 out at sea beautiful sea  
 land locks and stillness being able to be  
 it is moving at my pace and  
 dancing with yours  
 hope means more than most words  
 it's why language matters at all  
 with one word we may rise or  
 we may fall  
 I love what I'm seeing I say to the train  
 we say to the mountains to the  
 sun to the rain to the green grass the  
 tulips the chamomile tea  
 here's hoping we get there  
 here's hoping you're free  
 one with ourselves one with the light  
 one with the wind  
 one taking flight  
 among wild predictions,  
 hope always comes true  
 take whatever your story  
 wherever you breathe take  
 the train to Hawaii because hope  
 needs your knees  
 its a word that we give and we keep  
 breathe it out breathe it in  
 like you do with the sea



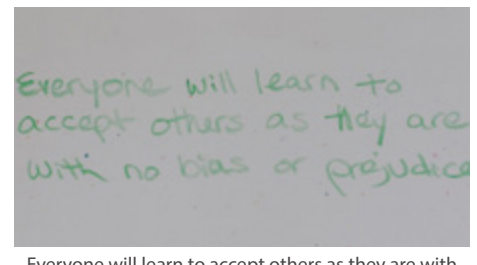
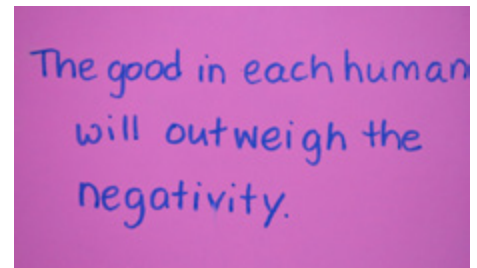
**Richard Hood**  
*Maine & South Carolina*

When I was around 13 (late 1950s), I attended Camp Seabreeze for junior highers at Ferry Beach. For reasons I have long since forgotten, I ended up in a worship workshop led by Mary Mauzey, a DRE from West Harford, Connecticut. I remember little from the workshop except that I wrote a short sermon and preached it at a chapel service in the grove. And now 60 years after I preached my first sermon, I am still preaching during the winter months on a regular basis. Thank you, Mary. "...My memories still reach toward Ferry Beach again."



**Ellie Gabrielson**  
*Costa Rica*

I grew up coming to Family & Friends before attending Youth Camp, which I will bridge out of next year. Ferry Beach is the most welcoming community I have come across. I am forever grateful for Ferry Beach for shaping me into a better person and nurturing me with so much love. Although next summer will not be the last time I return to the beach, it will be my last year at Youth Camp. Camp friends may drift apart or become closer after next year and life will change, but I know that I'll always have Ferry Beach to come back to, calling me home.



Everyone will learn to accept others as they are with no bias or prejudice

# Discovery

AUGUST 2019



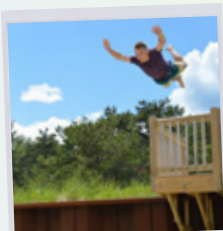
RE Week

## Did you like what you saw on the campus TV screens this Summer??

We captured so many great photos of the many memories created at Ferry Beach this summer! Did you know that for a minimum donation of just \$10, you can have the pictures of your week provided to you via web album (no more CDs!) Fill out the form [here](#) to get the photos from your conference!



Family & Friends



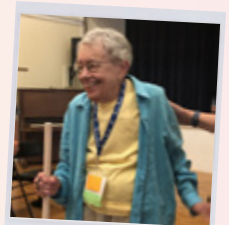
Youth Camp



UUFAF



GAYLA



Circle of Music



Dive deeper into universal themes through the power of writing at Ferry Beach. Offered for the first time, this retreat is the perfect opportunity to reflect, connect with nature, and explore being a spiritual seeker. Register and learn more at [ferrybeach.org/creativewriting](http://ferrybeach.org/creativewriting)

## Did you make your reservations for next summer yet?

Many programs are already filling up for next summer - so if you have a favorite spot, reserve it now. Online registration not yet available - however call 207-282-4489 x1 and someone from our registration team will gladly help!

6/12-21 Profound Treasury

6/21-7/4 Youth Camps

7/4-10 RE Week

7/11-18 GAYLA

7/11-17 ChoralFest

7/18-25 Two NEW Family Conferences!

7/25-8/1 Family & Friends

8/1-8 UUFAF - Yoga - Paddle

8/8-14 Circle of Music

8/8-14 Company of Women

8/16-21 Sacred Circle Dance

8/16-21 Women's Healing

8/17-21 Soul Path Renewal

8/22-24 Beach Getaway

8/22-26 Finding Hope

8/22-28 Quilting by the Bay

9/4-7 Labor Day Weekend

[ferrybeach.org/schedule](http://ferrybeach.org/schedule)