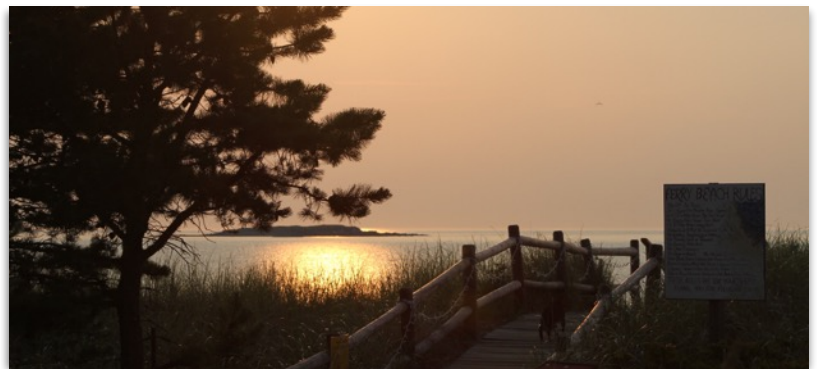


# Discovery

July 2015

- Summer 2015 Conferences in August (back page)
- Challenge Grant, p. 1-2
- #FergusonSyllabus, p.3
- Winter Conferences, p. 4



## Allison Generosity and Challenge

As construction continues on the creation of the first ADA bedrooms with private bathrooms on our campus, Tom Allison (Gayla brother and Ferry Beach member) has offered to match dollar for dollar up to \$50,000 for gifts to help us finish the project. We are so grateful for Tom's generosity. He has set a timeline for all gifts to be completed by December 1st, 2015. Please send us a gift for this important project! (for more see p.2)

## President's Remarks from 79th Annual Meeting

As we look forward, the Board of Directors at Ferry Beach is developing a roadmap for the future. We need others to join us as we plan what we will look like in the areas of: Physical Plant, Programming, Finances, and Leadership. The possibilities and ideas are endless. We need to be realistic, comprehensive and financially sustainable.

We know we have facilities challenges: the Rose Pavilion, the Grove Washhouse, and Garage and the Quillen annex are just a few of the larger projects.

The rising water levels in the ocean must also be monitored and managed. A future storm may damage our beach and dunes and require further efforts. We will continue to be involved with our community partners in addressing this issue at the city, state and federal level.

As we assess our future, we need to ask questions such as: "How may we help our Community?", "How can we make the world a better place?" Ferry Beach needs a bigger presence in the larger community.

Some of our members are only able to attend one service a year. What if we could live stream our services from the Grove? Ferry Beach has started Winter programming by hosting a number of weekend events. As our facilities become winterized, over the next 5 years, we will have a greater capacity to host two to five day Retreats & Workshops which will allow Ferry Beach to fulfill its larger mission.

In 2019 and beyond, we will have the opportunity to expand our work with other groups with a similar commitment to human dignity, spiritual growth, and compassion.

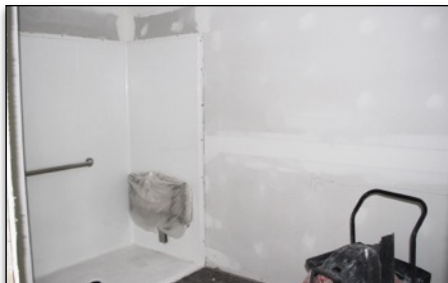
Continued on page 2

## Help Create 1st ADA Bedrooms and Bathrooms on Campus

When finished we will have four rooms each with private baths and full showers. The rooms also will be equipped with a coffee maker, alarm clock and large windows.

Will you help us finish this project?

Please join our effort, find the "donate now" button on our website under the "Giving" tab. Or, you can send a gift to: Ferry Beach, 5 Morris Avenue, Saco, Maine 04072. Our FAITHIFY page will be up soon! Watch our Facebook for details! Thank you!



## Remarks from Annual Meeting by Paul Provencher

Continued from p. 1

The Board of Directors has just renewed our agreement with Cathy Stackpole for a 5-year period. We feel confident in her ability to continue to execute our vision for Ferry Beach.

The Board of Directors has been moving to a policy governance model, where the Board leads and the CEO manages day to day activities. As an organization we will continue to navigate with the greatest of integrity and transparency. One of our greatest challenges is to identify, develop & grow our Leaders. The Higher Education Research Institute defines a leader as: "...one who is able to affect positive change for the betterment of others, the community, and society. All

people, in other words, are potential leaders." Leaders are optimistic, tolerant, calm and composed. They are analytic and see the Big Picture. Finally, good leaders are committed to excellence!

Do you possess those qualities or do you know others who do? I encourage you to speak with me, with the Nominating Committee, with other Board members and with Cathy Stackpole about individuals who may have more to give to Ferry Beach. You may be the one to identify the next group of leaders who move Ferry Beach forward over the next 5 years.

Thank you for your service to Ferry Beach.

## Upcoming Important Dates for Fall and 2016

- *Halloween Ball/Dance: October 31st, 6pm in Rowland Hall. First Ever Family Halloween Event. Prizes for the most scary and unusual costume. Pizza, drinks (adults byob), and snacks. Overnight accommodations available in dorms. Stay tuned for more info. Join us for a festive time!*
- *Fall Harvest Fund/Friend Raiser: November 14th. More details to follow.*
- *Annual meeting: April 23, 2016, 1pm. Town Hall, 11am.*



### Practicing Compassion

"A moment of self-compassion can change your entire day. A string of such moments can change the course of your life."

Christopher Germer

"Compassion is not religious business, it is human business, it is not luxury, it is essential for our own peace and mental stability, it is essential for human survival." Dalai Lama

"If you are going to be compassionate, be prepared for action!"  
Desmond Tutu

# #FergusonSyllabus Comes To Ferry Beach

Using real life experiences are effective ways to begin to engage students and adults in a dialogue about racism, Marcia Chatelain, PhD, shared recently with conferees at Ferry Beach. She stressed the importance of making a situation real to the participants.

Her message about being present was easily apparent. She suggested opening the conversation by asking: "What did you see? (in relation to newscasts on the police killings)," "what did it make you think about?" She noted that not only do we want to engage with people different then ourselves when there is a crisis, but also when there is joy. "We need to be present to one another in many different ways."

In relation to discoveries and challenges to racism, she talked about the importance of asking young people, "what does this make you want to do in your community?" And, "who are my allies moving forward?"

Marcia also shared ways to use other parts of our history, in order to illustrate the embedded racism in our culture. One group of students she worked with studied redlining in their communities, another focused on the organization of their towns and how decisions were made about placing highways, monuments and more.

**Racial injustice: "A structural process that smart people have to sit in a room and think through."**

She talked about the history of public pools and private pools as well as "sundown towns."



Marcia shared the importance of helping students see what was missing, what was not being said. Some work that she has done with students centered upon what choices we don't share or situations to which we never speak.

She said it is key to understand the frame



from which we see the world because "we can see history from so many different frames, and ultimately we want the frame to be from compassion."

Marcia's message for ending racism is a simple one. She said that we all need to

live in the confusion of the moment. No one of us will get it right, but if we are present to our feelings – and we can be present to the feelings of others, we begin to create a better world for all of us.

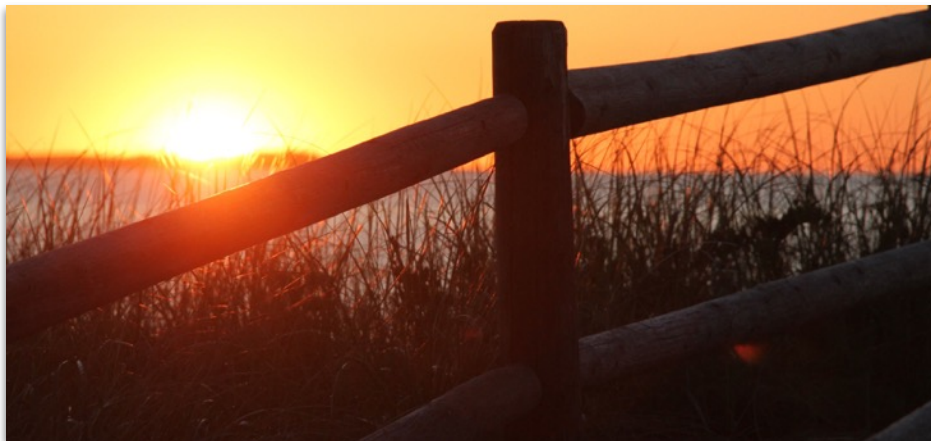
**"The intergenerational conversation has to be about the persistence of inequality."**



Marcia Chatelain, PhD. Professor of History at George Town University.

**Universalism**  
We were extremely grateful to receive a grant from the NY State Convention of Universalists to help underwrite this conference.  
As Clinton Scott spoke in a radio address in 1946, "Basic within this universalistic view of humanity is the belief in the supreme worth of every person. A new world of brotherhood demands a faith in the universals. It cannot be built on the "partialisms" of yesterday, with their emphasis on divisions and isolations. These are of a past that has failed us. Modern methods of transportation and of communication bring us face to face with one another in such an interrelatedness and with such an interdependence that we must learn to live together or all be destroyed."

Please consider becoming a sustaining member of Ferry Beach! On the website or contact us at 207-282-4489



**Winter Retreats - Check out the Website for More!**

November 27-29: Personal Retreat: Get a jump on the holidays and spend a relaxing Thanksgiving weekend at Ferry Beach.

Dec. 4-6: Women's Circle with D'vorah Kelley

Jan. 8-9: (1 night) New Year's Intentions and Prayer with Cathy Stackpole

Feb 6-7: (1 night) Deep Ecology with Coleen O'Connell

March 4-6: Body Sculpting and Pilates

Look for bed & breakfast specials throughout the winter!!

Check the website for more!  
[www.ferrybeach.org](http://www.ferrybeach.org)



**Summer 2015 Conference Schedule: Our Theme is Practicing Compassion**

**July 25-August 1 - Family and Friends** - a conference of diverse families of all ages coming together to play, make music, explore our natural surroundings and connect to our spiritual selves. Great young adult workshops and activities. Musician/folksinger Andrew McKnight joins us!

**August**

1-8 - **UUFAB** is a great place to connect with old friends, meet new people and enjoy the beauty of Ferry Beach. **Jodi Hayashida**, theme speaker.

8-14 - **Women's Week** welcomes Rev. **Judith Campbell**. Amazing women's circles and activities planned throughout the week.

15 - **Emma's Revolution Concert** in **GAYLA Theater**, Rowland Hall, 8pm.

16-22 - **Circle of Music** conference welcomes the dynamic duo of Sandy O and Pat Humphries. They will inspire us to remember our roots and use our voices and resources to make the world a better place. Folksinger, **Joe Jencks** joins the week on Wednesday!

15-21 - **Integrated Spiritual Pathways** welcomes sound healer and Peruvian Shaman **Pierre Garreud** for a week of spirituality and healing.

21-23 - **Weekend Getaway** - a short sampler of all the best that Ferry Beach has to offer.

22-29 - **Quilting by the Bay** - an opportunity to quilt with others in an atmosphere of support and growth.

Learn new techniques and ways of completing your projects. Coordinated by **Barbara Stroup**.

22-29 - **Stepping with Grace and Gratitude** - a 12 Step Conference for anyone interested in exploring how to use the 12 steps to live a life of grace. Facilitated by **Roger White**.

22-29 -**The Art of Seeing: Photography** with **David Sumner and Paul Provencher**.

**August 29-Sept 4 - A Course in Miracles** - join Life members **Bill Free and Lisa Natoli** for this engaging conference!

**September**

5 -7 - **Labor Day Old Fashioned Family Picnic**. Live music on Saturday from 4-8pm with **Rudy Gabrielson and Friends**, fantastic BBQ starting at 4pm on Saturday and great games & workshops for the whole family.

Sign Up Now at [www.ferrybeach.org](http://www.ferrybeach.org) or call us at 207-282-4489.



**Ferry Beach App**

**Free Download**

**Apple App Store or Google Play Store**



**Be sure to allow push notifications and geographic location. This will allow us to communicate with you wherever you are.**